



earlySTEM™ My First Mirrors – Set of 4

Here's What You Get!

- 4 Two-Sided Mirrors
- Teacher's Activity Guide

Introduction

From a very early age, infants are fascinated by their reflections in the mirror. In fact, very young children probably think it is another child who is looking back at them. Young children are always very interested in other young children. As a toddler begins to understand that it is her own reflection, the fascination continues and is heightened by the egocentric developmental stage of development.

Mirrors are also great reflectors for objects and other small materials. My First Mirrors are easy for a young child to manipulate and use with other toys. Looking at another toy's reflection can add to the engagement the child has with that toy.

Use My First Mirrors to address these Head Start Early Childhood Learning Outcomes:

- Child maintains focus and sustains attention with support.
- Child demonstrates emerging initiative in interactions, experiences, and explorations.
- Child shows interest in and curiosity about objects, materials, or events.
- Child shows imagination in play and interactions with others.
- Child appropriately takes care of classroom materials.
- Child shows awareness about self and how to connect with others

- Child understands some characteristics of self and others.

Uses for My First Mirrors:

- Have the child see his reflection in the mirror with an adult holding the handle.
- Have the toddler hold the handle and look in the mirror. Point out features of the child's face as she is looking in the mirror.
- Point out and identify the features of the child's face while looking the mirror. This is a fun way to practice identifying body parts.
- Model for the child how to hold objects in front of the mirror to see their reflections.
- Help the child model emotions while looking in the mirror (e.g., happy face with a smile, sad face with a frown, etc.).
- Place a mirror on the floor and have the child place small objects on the surface to see how they appear as two halves or double.
- Place a mirror horizontally on a table and have the child lean over the mirror to view their reflection. Compare the different appearances in their face when they hold a mirror up vertically.
- Show the child how to fog the mirror by breathing on it and then wiping it clean with a cloth.